



## INTERNATIONAL APOSTOLIC BIBLE COLLEGE

» **SYLLABUS:** Spiritual Disciplines

» **TEACHER:** Dr. Matthew Garcia

» **RECOMMENDED BIBLIOGRAPHY**

- Quezada, Francisco. Spiritual Disciplines. Rancho Cucamonga: Secretariat of Christian Education, 2010.
- Deiros, Paul. The prayer of power. Buenos Aires: Certeza, 2007.
- Caruci, Joseph. Fasting: Secret of Growth. Nashville: Caribbean, 2002.

» **SUMILLA** This course consists of 3 basic spiritual disciplines: Prayer, Fasting and Bible Reading. They enable the believer to serve God more effectively, bearing fruit and to live a life full of victories.

» **COURSE OBJECTIVES**

- 1.-That the student understands the Biblical foundation of prayer and receives a practical guide to pray.
- 2.-That the student receives a Biblical Overview of Fast.
- 3.-That the student receives basic concepts of the scriptures, as well as guides to read it and learn to find help in it.

» **COURSE OUTLINE**

4 hours of reading and preparation of summary of the official textbook, before class  
8 intensive hours of classroom class  
4 hours post-class assignment

» **EVALUATION:** The final grade of the course will be the result of the following evaluation scheme:

- 30%** Of pre- or post-class reading and textbook quizzes
- 20%** Participation in class
- 20%** Attendance and Punctuality
- 30%** Post-class assignment